



# BUILDING THE HEALTH SYSTEM OF THE FUTURE

Sam Glick sam.glick@oliverwyman.com

June 2, 2022

A business of Marsh McLennan

### MACROECONOMIC AND GEOPOLITICAL CONCERNS – ON TOP OF FURTHER COVID-19 WAVES – LEAD TO A HIGHLY UNCERTAIN FUTURE

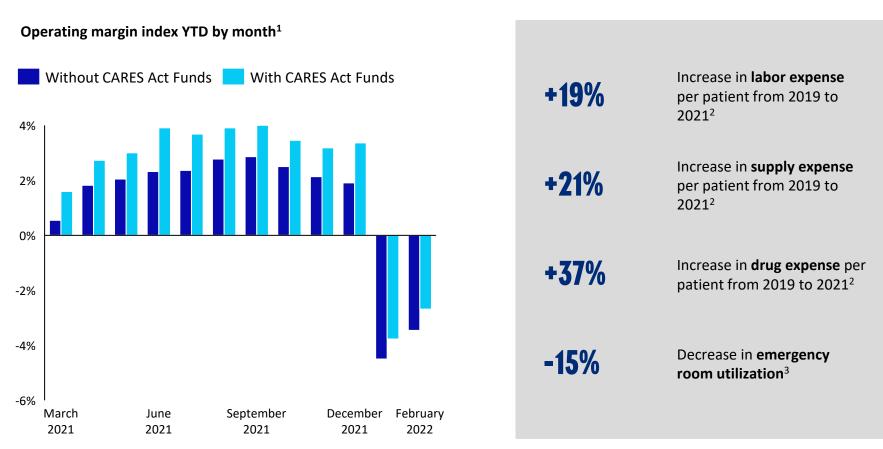
	Recession yet to materialize, but predicted, given <b>inflation reaching of 8.3%</b> as of April 2022 and a <b>GDP decline of 1.4%</b> in Q1 2022 <sup>1</sup>
	Pattern of <b>localized waves (and new variants) of COVID-19</b> predicted to continue, driving <b>high testing and treatment costs</b>
	National <b>outpatient visits are up 20% from 2019</b> , <b>telehealth has leveled out at 8% of those visits</b> , and <b>emergency room visits are down 15% from 2019</b> , suggesting permanent changes in care patterns; deferred procedures have mostly been addressed, but it's not clear what the long-term health affects of deferred care will be <sup>2,6</sup>
	Favorable job market for employees, with just <b>3.6% unemployment nationwide</b> , wages up <b>5.5%</b> from April 2021, and <b>11.4M job openings</b> as of April 2022 <sup>3</sup>
<u> </u>	<b>The Great Resignation</b> has inspired a generation of workers to speak critically — and cynically — about the role of work in their lives; burnout is hitting healthcare workers especially hard, with <b>55% reporting symptoms of burnout</b> <sup>4,5</sup>
- (\$)	In 2021, health plans experienced near-record profits, while not-for-profit health systems experienced negative operating margins in aggregate due to labor cost and supply chain issues
	The US is more politically divided than ever, and a hot war in Europe and a burgeoning cold war with China create geopolitical instability
	<b>Nearly 2x mortality rate continues</b> amongst Black or African Americans as of March 2022, one of many examples of continued health inequality <sup>7</sup>

<sup>1.</sup> Bureau of Economic Analysis, May 2022; 2. Strata Decision Technology analysis of billing encounter data for 209 hospitals from 49 health systems – data points are weekly or monthly averages, April 2022; 3. Bureau of Labor Statistics, May 2022; 3. US Bureau of Labor Statistics, May 2021; 6. KFF, Outpatient telehealth use soared early in the COVID-19 pandemic but has since receded, Feb 2022; 7. CDC, Risk for COVID-19 Infection, Hospitalization, and Death By Race/Ethnicity, 2021;

### INPUT COST INCREASES AND SHIFTS IN DEMAND CONTINUE TO PUT PRESSURE ON HEALTH SYSTEM FINANCES

Delivery system operating margins are being squeezed...

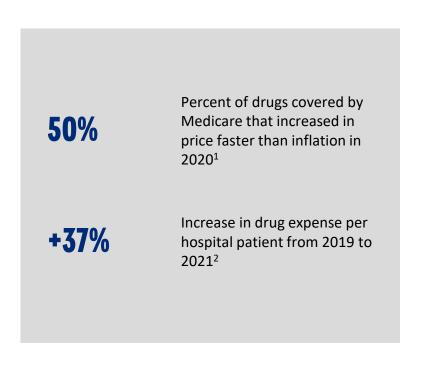
...driven by cost increases, and a shift in demand



<sup>1.</sup> Kaufman Hall, National Flash Report, March 2022; 2. AHA, Massive Growth in Expenses & Rising Inflation Fuel Financial Challenges for America's Hospitals & Health Systems, Apr 2022; 3. Strata Decision Technology analysis of billing encounter data for 209 hospitals from 49 health systems – data points are weekly or monthly averages.

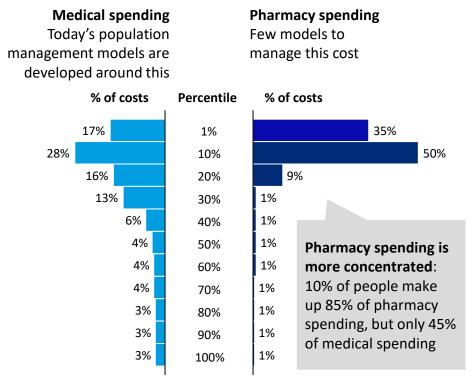
### PHARMACY SPENDING IS GROWING FASTER THAN THE REST OF HEALTHCARE, WITH A DIFFERENT PROFILE THAN MEDICAL SPENDING

Pharmacy costs are growing faster than healthcare costs overall



The dramatically higher concentration of spending in pharmacy requires purpose-built models to address

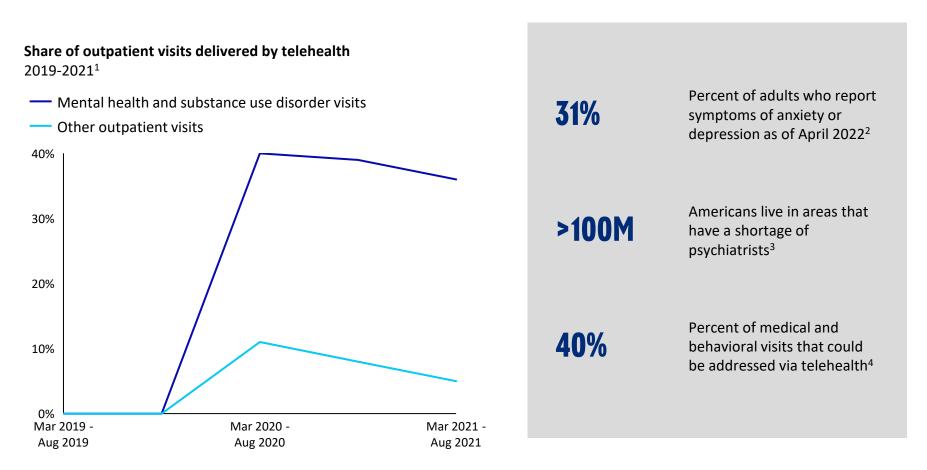
Spending concentration among commercial population for medical and pharmacy spending<sup>3</sup>



<sup>1.</sup> KFF, Prices Increased Faster Than Inflation for Half of all Drugs Covered by Medicare in 2020, Feb 2022; 2 AHA, Massive Growth in Expenses & Rising Inflation Fuel Financial Challenges for America's Hospitals & Health Systems, Apr 2022; 3. Oliver Wyman analysis of MarketScan claims data, 2021

## FOLLOWING TREMENDOUS GROWTH AT THE OUTSET OF THE PANDEMIC, TELEHEALTH UTILIZATION HAS STABILIZED (FOR NOW)

#### Telemedicine use is leveling off, but demand for virtual behavioral health remains high



<sup>1.</sup> Telehealth Has Played an Outsized Role Meeting Mental Health Needs During the COVID-19 Pandemic, March 2022. 2. Mental Health, Household Pulse Survey, CDC, April 2022; 3. Health Resources and Services Administration, 2021; 4. RBC, Teladoc report, February 2022;

## THE HEALTHCARE WORKFORCE IS BURNED OUT AND SUSCEPTIBLE TO SWITCHING JOBS; WE ARE ALREADY FEELING THE IMPACT OF THE RESULTING SHORTAGE

Healthcare workers have faced the brunt of pandemic hardships...

...and therefore are exiting the workforce

**60-75%** 

of clinicians report symptoms of exhaustion, depression, sleep disorders and PTSD<sup>1</sup>

-100K

decline in total hospital employment from pre-pandemic level<sup>2</sup>

Those workers who remain face additional challenges...

...leading to a cycle of dissatisfaction and exodus

80%

of healthcare workers say that staff shortages have affected their ability to work safely and satisfy patient needs<sup>1</sup> 20-30%

of nurses have accelerated their retirement plans since the start of the pandemic<sup>3</sup>

<sup>1.</sup> U.S. Faces Crisis of Burned-Out Health Care Workers, US News, Nov 2021; 2. AHA, Massive Growth in Expenses & Rising Inflation Fuel Financial Challenges for America's Hospitals & Health Systems, Apr 2022;

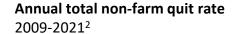
<sup>3.</sup> Healthcare Workers Moving to Gig Work in Record Numbers, OW analysis, Mar 2022.

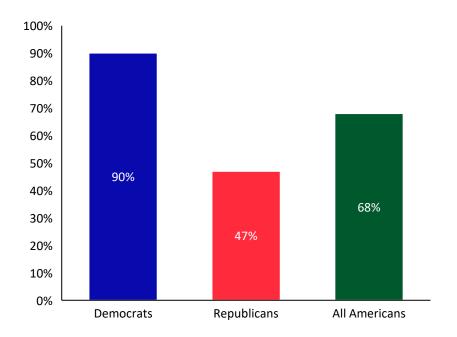
## LOW UNEMPLOYMENT RATES HAVE CHANGED THE POWER DYNAMIC BETWEEN EMPLOYEES AND EMPLOYERS, AND SATISFACTION WITH EMPLOYMENT IS LOW

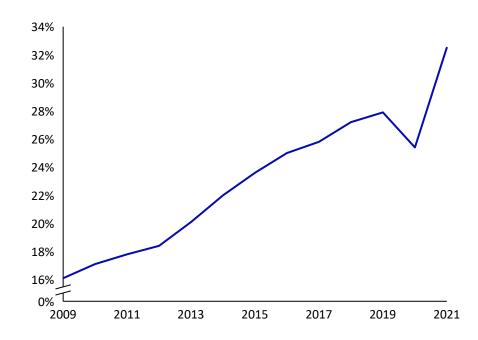
Employee satisfaction is low, leading to the highest approval ratings of unions since 1965, even though only 9% of Americans are union members<sup>1</sup>

Low employee satisfaction and new, more flexible work options are leading to higher employee turnover

Labor union approval rating (members and non-members) August 2021<sup>1</sup>







7

<sup>1.</sup> Gallup, Approval of Labor Unions at Highest Point Since 1965, Sep 2021; 2. US Bureau of Labor Statistics, 2021

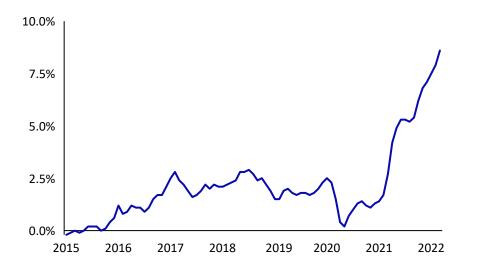
### THE IMPACT OF INFLATION ON HEALTH BENEFITS COSTS IS DELAYED; WE EXPECT TO SEE PRESSURE ON BENEFIT DESIGNS AND PRODUCT TYPES IN 1-2 YEARS

Inflation has reached historic highs, with increases not seen since the early '80s...

...but increases in benefit costs usually lag by 1-2 years

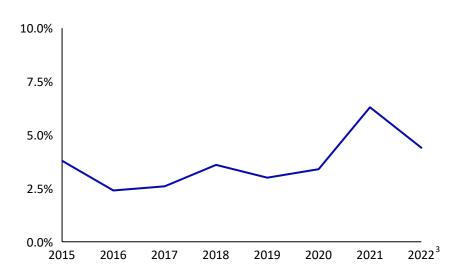
Annual U.S. inflation rates1

Annual change in inflation



Health benefits annual cost increases<sup>2</sup>

— Annual change in total health benefit cost per employee



We expect employers will turn to narrow networks, higher deductibles, and other measure to control benefits cost in 1-2 years, when increases in delivery system costs flow through to premiums

<sup>1.</sup> Bureau of Labor statistics, Mar 2022; 2. Mercer National Survey of Employer-Sponsored Health Plans, Dec 2021; 3. Projected

#### **COMMERCIAL HEALTH PLAN MARKET SHARE HAS REMAINED RELATIVELY STABLE**

Five-year commercial market share changes of top eight commercial payers<sup>1</sup> 2016-2021

2021 total commercial enrollment (M)	Five-year market share change
22.9	-0.5%
20.7	-2.0%
16.3	-0.2%
14.0	0.7%
13.4	0.4%
9.6	0.8%
3.8	-0.1%
3.8	0.6%
	22.9 20.7 16.3 14.0 13.4 9.6 3.8

<sup>1.</sup> DRG, US National Medical Enrollment, July 2016 and July 2021;

## SPECIALIZED PLAYERS ARE TARGETING SENIORS WITH DIFFERENT STRATEGIES, AND CONTINUE TO GROW DESPITE DECLINING VALUATIONS

Player	Specialized model	YE2020 size	YE2021 size	% Change	YE2021 market cap. / valuation
VillageMD	Community clinics, partnered with Walgreens; building out virtual and home care	600,000 patients <sup>1</sup>	1,600,000 patients <sup>1</sup>	167%	~\$8.4B valuation <sup>6</sup>
OAK STREET HEALTH	Holistic lifestyle support for those with complex care needs and dual eligibles	97,000 patients <sup>2</sup>	154,000 patients²	58%	\$8.0B market capitalization <sup>7</sup>
O PRIVIA	National technology and services platform to allow medical groups to enter into and perform better in riskbased arrangements, particularly for seniors	680,000 patients <sup>3</sup>	786,000 patients <sup>3</sup>	16%	\$2.8B market capitalization <sup>7</sup>
ALIGNMENT HEALTH PLAN	Integrated plan and care delivery in select markets	68,000 members <sup>4</sup>	86,000 members <sup>4</sup>	26%	\$2.6B market capitalization <sup>7</sup>
<b>■ Devoted</b> Health	MA-only health plan with employed and closely partnered provider groups in select markets	19,000 members <sup>5</sup>	39,000 members <sup>5</sup>	113%	~\$12.7B valuation <sup>8</sup>

<sup>1.</sup> VillageMD press release, Oct 2021; 2. Oak Street prospectus, 2021; 3. Privia prospectus, 2021; 4. Alignment SEC filings, 2021; 5. DRG, US National Medical Enrollment, July 2020 and July 2021; enrollment numbers are estimates based on DRG covered lives methodology; 6. Fierce Healthcare, Walgreens doubles down on primary care, home health with major investments in VillageMD, CareCentrix, October 2021;

<sup>7.</sup> Market capitalization as of December 30, 2021; 8. MedCityNews, Devoted Health raises \$1.1B sending valuation soaring past \$12B, October 2021

#### MAJOR PLAYERS ARE PURSUING DIFFERENT STRATEGIES FOR DIVERSIFICATION

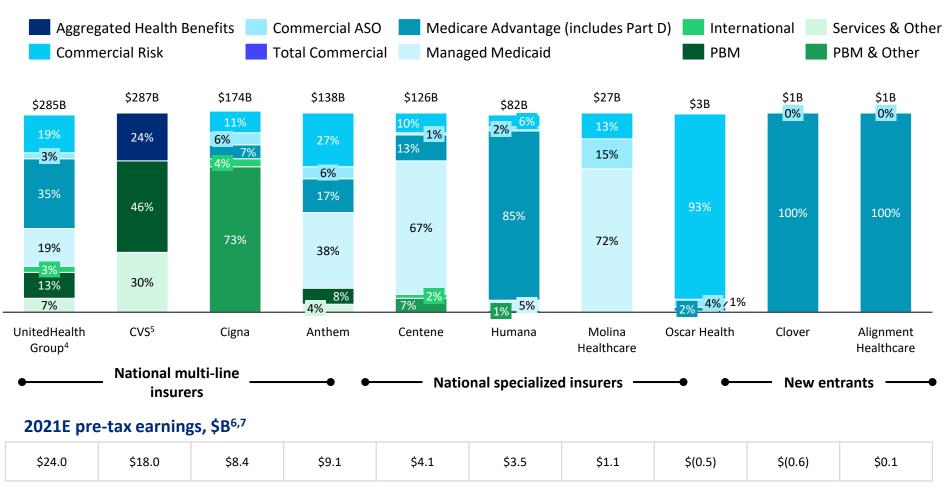
#### Focus on...

Focus on		
Natural adjacencies	<ul> <li>Moves to grow existing core business value drivers within existing or new geographic markets</li> <li>Growth accelerated through acquisitions</li> </ul>	Tenet Healthcare  CENTENE° amazon
Greater relevance and scale for the core	<ul> <li>Investments align with value in the core business, amplifying value creation and capture</li> <li>Smaller moves stop short of wholesale reinvention, but can be meaningful</li> </ul>	MAYO CLINIC Humana  GUIDEWELL
Moving up the value chain	<ul> <li>Big moves to acquire / create new sources of value</li> <li>Legacy businesses are at risk (e.g., retail pharmacy)</li> <li>Moves into new portions of the healthcare value chain enable new roles and integration across the care continuum</li> </ul>	<b>♥CVS</b> Health  Walmart
Building a platform	<ul> <li>Outsiders look to extend existing consumer relationships by entering healthcare services</li> <li>Aim to grow business by capturing a portion of the ~20% of GDP spent on healthcare</li> <li>Success is dependent on network effects</li> </ul>	Microsoft  Salesforce  Fpic
Business model diversification	<ul> <li>Optimize revenue in regulated (e.g., insurance) vs. unregulated (e.g., PBM, services) businesses</li> <li>Earn higher multiples on non-insurance businesses</li> <li>Grow services to diversify business value over time</li> </ul>	UNITEDHEALTH GROUP®  Cigna # Providence

Anthem.

## LARGE HEALTH PLANS ARE DIVERSIFYING ACROSS SEGMENTS AND BUSINESS MODELS, BECOMING SERIOUS CARE DELIVERY COMPETITORS

2021E revenue by product after accounting for inter-segment eliminations<sup>1,2,3</sup>



<sup>1.</sup> Due to rounding not all columns sum to 100%; All revenues are reported after accounting for inter-segment eliminations; 2. BofA Global Research; 3. Company Filings; 4. UHG Annual Reports; 5. CVS Annual Reports; All insurance-related revenues are aggregated into "Aggregated Health Benefits" for CVS; 6. S&P Capital IQ; 7. OW Analysis

#### M&A ACTIVITY CONTINUES, EVEN AS DEAL FLAWS BEGIN TO REVEAL THEMSELVES; MEDICAL GROUPS AND HOMECARE ARE PARTICULARLY ATTRACTIVE TARGETS

Deal volume surged during the pandemic as companies' balance sheets swelled... MDLive to be acquired by Cigna's Centene signs **Evernorth** agreement to acquire MDLIVE for Cigna. Magellan Health CENTENE One Medical to acquire Magellan Iora Health in \$2.1B deal **iora**health **Humana introduces CenterWell** brand for payer-agnostic healthcare offerings Humana. CenterWell Online therapy app Talkspace to go public in \$1.4B deal with blank check firm talkspace UnitedHealth's Optum concludes deal for **Landmark Health** 

OPTUM # 1 Landmark

...and while we are just starting to see which worked (and which didn't), deals and diversification continue at a rapid pace Teladoc slashes earnings outlook, UnitedHealth to Buy Home-Health Firm takes \$6.6B hit on LHC Group for \$5.4 Billion Livongo acquisition UnitedHealthcare Livongo® # U.S. sues to block UnitedHealth's \$8 billion deal for Change Healthcare Walmart unveils telehealth offering for 129 physician managing diabetes using MeMD acquisition medical group

**Atrium** Health

**Walmart** 

form \$27 billion system

Advocate Aurora Health, Atrium Health to

♣ ⇔ AdvocateAuroraHealth +

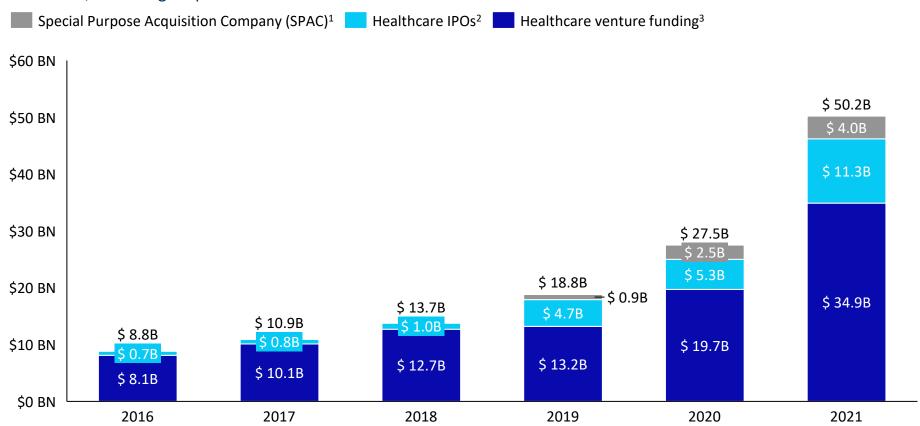
acquisitions in first

quarter of 2022

### FUNDING FOR NEW HEALTHCARE COMPANIES REACHED RECORD HIGHS IN 2021; WHAT HAPPENS NOW?

#### Investment in the healthcare industry

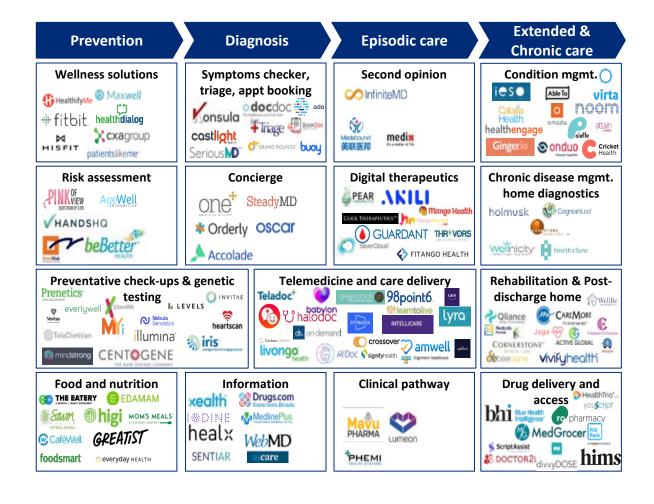
2018-2021, excluding biopharma



<sup>1.</sup> Company formed strictly to raise capital through an IPO for the purpose of acquiring an existing company, recently gaining popularity in healthcare; SPAC track, SPAC Insider; 2. S&P Global Market Intelligence;

<sup>3.</sup> PitchBook, US NVCA Venture Monitor Summary, 2021;

#### YOUR BIGGEST COMPETITOR IS TEN COMPANIES



**90%** of these companies will fail

0%
of them want to be a hospital system

100% of them want to take 1-10% share from you

Source: Oliver Wyman analysis

#### **YES AND YES**

Physical	and	Digital
Episodic	and	Continuous
Evidence	and	Empathy
Clinical excellence	and	Operational excellence
Affordable	and	High-Quality
Build, Buy,	and	Partner
Cooperate	and	Compete
Mission	and	Margin

#### **QUALIFICATIONS, ASSUMPTIONS, AND LIMITING CONDITIONS**

This report is for the exclusive use of the Oliver Wyman client named herein. This report is not intended for general circulation or publication, nor is it to be reproduced, quoted, or distributed for any purpose without the prior written permission of Oliver Wyman. There are no third-party beneficiaries with respect to this report, and Oliver Wyman does not accept any liability to any third party.

Information furnished by others, upon which all or portions of this report are based, is believed to be reliable but has not been independently verified, unless otherwise expressly indicated. Public information and industry and statistical data are from sources we deem to be reliable; however, we make no representation as to the accuracy or completeness of such information. The findings contained in this report may contain predictions based on current data and historical trends. Any such predictions are subject to inherent risks and uncertainties. Oliver Wyman accepts no responsibility for actual results or future events.

The opinions expressed in this report are valid only for the purpose stated herein and as of the date of this report. No obligation is assumed to revise this report to reflect changes, events, or conditions, which occur subsequent to the date hereof.

All decisions in connection with the implementation or use of advice or recommendations contained in this report are the sole responsibility of the client. This report does not represent investment advice nor does it provide an opinion regarding the fairness of any transaction to any and all parties. In addition, this report does not represent legal, medical, accounting, safety, or other specialized advice. For any such advice, Oliver Wyman recommends seeking and obtaining advice from a qualified professional.

