

Employee Guidance for Community Spread & COVID-19 exposure

In our current situation, the Pennsylvania Department of Health and local counties have declared COVID-19 community spread. Based on this declaration, all Main Line Health employees are expected to self-monitor daily.

Furloughing at this time is unnecessary because of wide community spread in our immediate and surrounding service areas. We recognize the speed at which changes are made can cause confusion and concern; however, we value our staff and—as always—the safety of our staff is paramount.

Under the guidance and direction of our Infection Prevention and Occupational Health teams, those employees who have been exposed to a MLH work-related COVID-positive patient can continue to work as long as they self-monitor. **If you experience new respiratory symptoms and/or a temperature of 100F or higher, you may not work.**

During this period of self-monitoring, employees who develop symptoms should contact the Employee Exposure Line at 484.580.4955. A member of the Occupational Health team inside the MLH Incident Command Center will be notified and will follow up with the employee to discuss their symptoms. If it is medically indicated, testing will be ordered, and the Occupational Health team will notify the employee's manager and worker's compensation team.

Employee Exposure, Testing, and Furlough Guideline Grid

Situation	Is Testing Required?	Your Test Results	Monitoring	Is Furlough Required?
Asymptomatic – Exposed, including high-risk exposure	No	N/A	Self-monitor	No
Symptomatic – Exposed to a COVID – Positive Patient	Yes, COVID test required	Positive	Track temperature daily to determine when you are fever-free	Yes. Furlough minimum seven days AND symptoms improve AND 72 hours fever-free without antipyretics.
Symptomatic	Yes, COVID test required	Negative	Track temperature daily to determine when you are fever-free	Yes. Furlough minimum five days AND symptoms improve AND 24 hours fever-free without antipyretics.
Travel – Category 3	No	N/A	Self-monitor	No
Spouse/Partner/Family COVID +/- pending Includes individuals whom you live with only	No testing, until symptomatic	N/A until symptomatic If symptomatic & testing is negative, return to work	Self-monitor	Yes. Furlough begins when your cohabitant is COVID suspected and continues if COVID positive. After cohabitant is fever-free for 72 hours without the use of antipyretic, continue furlough for seven more days.

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The furlough compensation policy will be updated to reflect the changes outlined above. Employees do not require testing until symptoms appear (new onset respiratory AND/OR fever >100F).

Testing employees without symptoms and not waiting for the full incubation period is not recommended. (Incubation period is 2 – 14 days)

Furlough guidelines specifically related to individuals you live with or other furlough guidelines may change or be modified based on patient volume and surge capacity requirements.